







### THE NEST ARCHITECTS

Andrea Louise Brøndsted and Line Toft Jensen founded their practice, NAEST Arkitekter, as female professionals interested in human-centred design.

The name of the office translates as 'nest': not just a structure, but a home that radiates warmth, safety and belonging. Villa Langå marks the first professional collaboration between Andrea and Line, former student colleagues who are now both young mothers. Their design philosophy reflects the qualities they associate with female energy, such as empathy and modesty. Rather than a cool, clinical approach to the profession, their ideas come from a deep understanding of context and the needs of the people they design for.

Andrea discovered the importance of 'nesting' when she moved with her young family from Copenhagen to Jutland during the COVID-19 pandemic. Her interest in working with people to achieve their dream homes had become stronger and, as Line shared her interests, they decided to work together.

Around the same time, Jette and Jan bought a piece of land in Langå, a small town with around 3000 inhabitants in the hills of Jutland. They had self-designed some of their previous homes so understood the process and their own priorities. Although Jan sketched some suggestions himself, the couple were keen to tap into fresh ideas and, via an internet ad, met Andrea and Line. The couple chose them from the many who responded because of an instant connection and a preference for working with a young local practice with original ideas – people without "30 years of thinking habits", as Jan puts it.



Andrea's interest in a people-first approach to architecture began during her studies; in her master's thesis she considered the impact of daylight, acoustics and nature on human health and wellbeing. She was fascinated by the way patients recover faster in sun-lit hospitals and people thrive in well-ventilated houses with good daylight and a connection to nature.

"We found a place we wanted to live, that was surrounded by nature and with vast big views. Then we started thinking about the house."

Jette and Jan, homeowners Villa Langa's front door is located on the upper part of the site, from where the building appears humble, discreet and only a single storey. A carport frames the simple yard. The entrance is deliberately unremarkable, drawing the visitor in towards the light from the main open-plan kitchen and dining area. A VELUX flat roof window, added post-design phase, brightens up a wardrobe in a corridor that serves the adjacent master bedroom. Acoustic ceilings, a feature throughout, match the texture of the walls and provide an ambient light from shadow gaps. Upper floor with kitchen, dining, living area and master bedroom (on the left). The dining space and terrace outline the geometry of the floor below. The glazed parts of the facade frame carefully chosen views.

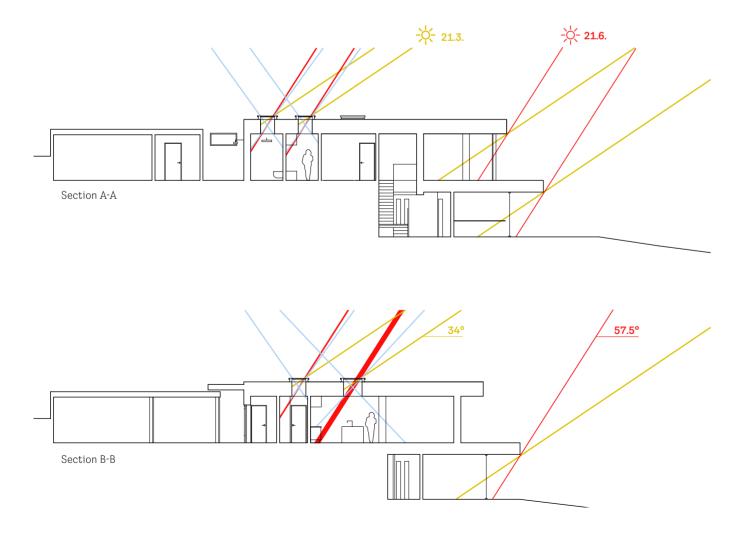
### A DEMANDING TOPOGRAPHY

The architects' analysis of the site led them to an unusual solution: to design an almost invisible house that would follow the topography of the hill. However, rather than having an underground feeling, the building would open out across the landscape and be full of daylight. The views and wind direction led Andrea and Line to conclude that the top floor needed to rotate 15 degrees in relation to the lower one – a simple, radical move that makes the building special.

Andrea describes Jan and Jette as warm and welcoming with strong artistic sensibilities. Jan devotes his spare time to painting, while Jette has a background in glassmaking. Both understand the tactile qualities of materials and were comfortable taking on the codesigning of the interiors.

Buildings built into a slope will always have one problematic side in terms of designing in daylight and ventilation. But, at Villa Langå, VELUX flat roof windows allowed the architects to achieve complex interior spaces that didn't compromise on light levels or lose the feeling of being tucked into a hill.

The 15-degree rotation of the top floor dining space in line with the floor below adds complexity and different views of the landscape. The sofa area is tucked behind a cube that hides the kitchen utility space. A light, open-tread staircase leads to the lower floor.













# **FLEXIBLE SPACES**

The lower floor currently houses the homeowners' art studios, a TV room and a wine cellar. Jan and Jette were aware that they would not live in the house forever, so designed it to meet the needs of an average family - the drawings show a row of children's bedrooms. As on the main floor above, there is a generous terrace with various seating areas positioned to accommodate the changing conditions of time and season.

In Villa Langå, every space is shaped with the best experience, comfort and happiness of the inhabitants in mind. All rooms are tailored to the clients' wishes, but their quality is also more broadly appealing because the house follows universal rules of user-friendly design.

Jette and Jan share Andrea's appreciation of nature. They have planted 300 pines – dwarf pines where the views are – across the sloped grounds. Over the coming years it will grow into a lush, wild garden, establishing a connection to nature not only for the enjoyment of the current owners, but also for all the house's future inhabitants.









#### LANDSCAPES AND PAINTINGS

Villa Langå is the result of a dialogue: NAEST laid a clear framework for the design and helped their clients through the decision-making process. A strong concept can be realised in myriad ways without losing clarity and Jan and Jette's active contributions have enhanced the house in the process.

To convey the complex geometry of the building to their clients and demonstrate optimal daylight, Andrea and Line used 3D visualisations from the very beginning of the design process. Renders were used not only to depict solutions, but also as a design tool: they helped Jan and Jette decide on their preferred room height, the division of the façades and views from inside the house.

Other decisions were taken directly on-site, including adding the skylight in a wardrobe and – more radically – leaving internal walls without the usual finishes.

The house is constructed using ISOBYG, a Danish system of prefabricated concrete blocks that creates energy-efficient walls. Like Lego bricks, the elements are stacked one on top of the other and then filled with concrete. When Jan and Jette saw the rough walls on a visit to the construction site, they fell in love with the texture.

"We decided to leave the internal walls in rough concrete with visible traces of the formwork panels. The walls felt smooth and tactile and radiated a warmth impossible to achieve with standard plasterboard. Sometimes we find new shapes and stories hidden in the walls. In daylight the material comes to life, like a painting."

Jette, homeowner

The darker interior shades of the house shift attention to the daylight, with the textured walls strengthening the effect. Although concrete may seem a cold choice, these walls are tactile and warm, each joint a reminder of the human work behind them.

The daylight coming into the house from above makes for almost painterly views, unspoilt by the glare of direct sun. Jan and Jette insisted on a fully glazed, almost invisible front façade without any unnecessary mullions. In a standard white cube interior the light would have been blinding, but here the combi-nation of VELUX roof windows and unfinished concrete evens out the brightness.

Jan uses one of the bedrooms on the lower floor as his studio and test-hangs his paintings all around the house. These balanced light levels are crucial for painting. Even next to large runs of glazing the conditions are perfect for displaying art – and the works shine against the walls.





## **FULL OF LIGHT**

Villa Langå is NAEST's first project so also their first specifying VELUX windows. The rooms in the house are far from ordinary and VELUX advanced visualising tools helped ensure the design met the requirements of optimal daylight and fresh air.

The architects also received expert support when preparing their technical documentation and are looking forward to working with the VELUX team again on future commissions.

"Both of us knew and used the VELUX Daylight Visualizer on all kinds of projects during our studies. It's a great tool for illustrating the quality of daylight in spaces and provides architects with detailed technical reports, allowing them to not only control indoor environments, but also to check that a building conforms to all daylight norms."

Andrea Louise Brøndsted and Line Toft Jensen, NAEST Arkitekter

To achieve the ultimate simplicity in the main shower room, Jan installed the toilet tank on the other side of the wall, hidden in the walk-in closet. The washbasins are in a niche in a corridor that leads to a hidden patio with an outdoor shower.

The polished steel surface of the kitchen island reflects the sun's rays, brightening up the space and evoking the sculptures of geometric abstract art.

The main bedroom was sited on the top floor to facilitate easy movement between the main rooms of the house. Entry is from along the main façade, walking from the dining space towards a glazed corner. Positioning the room on this side of the building allows the bed and the bathroom to be hidden from the view of neighbouring properties. The glazed corner adds lightness to the volume, reducing the barrier between inside and out.

The sun's rays penetrate the building all day, each hour from a different position, strengthening the awareness of living in the moment – and being in a beautiful place.



